

Long Island Neurology Consultants

777 Sunrise Hwy, Ste 200, Lynbrook, NY 11563

227 Franklin Avenue Hewlett, NY 11557

Tel: 516.887.3516 | Fax: 516.887.0331

VIDEO ELECTRONYSTAGMOGRAPHY Information

Video electronystagmography (VNG or VENG) is a test for assessing dizziness. During the exam, the patient will sit in a dark room and wear infrared goggles which have a camera to record eye movements known as nystagmus.

The procedure averages between 45 to 60 minutes.

Instructions for the test:

1. If possible, discontinue any dizziness or vertigo suppressing medications 48 hours prior to the exam. These medications include Antivert, Meclizine, Bonine, Dramamine, Scopolamine, and antihistamines which may affect the test results. Please continue all your other regular medications.
2. No food or drink two hours prior to testing.
3. No alcohol or caffeine 48 hours prior to testing.
4. Wear loose, comfortable clothing and flat-soled shoes.
5. No contact lenses.
6. No eye makeup.
7. Ear canals should be clean and free of debris. Please inform our staff if you have a history of tympanic membrane (ear-drum) perforation or have had ear surgery such as "tubes" placed.
8. You will be in the examination room with our staff member. Children may not accompany you. Please arrange for child care.
9. Some patients note increased dizziness during the exam. You should have someone drive you home after the test.